

Troubadour

Franciscan Life Process Center

SPRING 2014

ART • COUNSELING • MUSIC EDUCATION • MUSIC THERAPY • RETREATS • VOLUNTEER



OUR MISSION:

To promote a relationship with God that brings dignity and hope to the sacred process of all life through programs that assist, educate, enrich and inform.

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Center hopes to be "premier retreat center in Midwest"

The Franciscan Life Process Center Fine Arts Program is evolving into a retreat center for artists. During the last twenty two years, the Center has supported artists and their work through the artists in residence program. Sandy Jackoboice, the Center's first art director, designed a program in which artists could live at the Center for a week or two to interact with the staff and clients, run workshops, and create and display their artwork. Under the direction of Sandy, and two other directors, John Knight and Casey Cornwall, over 60 artists participated in the program from 1991 to 2011.



Last summer, Sister Colleen Ann Nagle and the staff were challenged by members of the local art community with a new idea: make the center a "premier retreat center for artists in the Midwest." Sister Colleen Ann, Center director, states, "It was an intriguing idea. We have a variety of types of overnight accommodations, we have 230 acres of beautiful land, and we have ties

to the art community.....we thought, 'let's give it a try.'" Kathy Bechtel was hired in January and has been busy contacting artists, reserving dates on the Center calendar and developing a facebook page to reach out to artists across the U.S.

Through Kathy's work, 14 nationally known artists will live at the Center to lead three to five day workshops over the next year. Topics include portrait painting, still life, landscapes and figurative painting. Kathy states, "The Lowell Campus is the perfect setting for artists, musicians and

writers to get away, to retire if you will, to a place of quiet beauty and stillness to renew their spirits and creative energy."

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"Don't be pushed by your problems...be led by your dreams."

Saint John XXIII

"Have no fear of moving into the unknown. I am with you."

Saint John Paul II

HARPFest 2014 Welcomes Israeli Harpist, Sunita Staneslow

Renowned clinician and gifted harpist Sunita Staneslow will perform July 25 at 7:30 pm as part of HARPFest 2014. Sunita works as a therapeutic harpist in Israel. She has performed with the Jerusalem Symphony and the Israel Chamber Orchestra in addition to playing at harp festivals in Europe and the United States.

HARPFest is a two day workshop for harpists of all skill levels. Over the last five years, harpists from the Midwest have learned from a variety of presenters including Dennis Rybicki, Frank Voltz, Rhett Barnwell, and Serena O'Meara. "The workshop presenters have come to teach from their particular expertise, giving participants encouragement and inspiring them to continue their own harp skill development," says Sister Mary Margaret Delaski, director of the music department. "Sunita is a much sought after teacher, and we are thrilled to be able to bring her to West Michigan."

Tickets for the concert are \$15 in advance and \$20 the day of the event. For further information about HARPFest 2014, the concert, or Sunita Staneslow, go to www.lifeprocesscenter.org.



Summer Art Program for Young Artists at the Franciscan Life Process Center

Kendall College of Art and Design, Ferris State University, (KCAD) is offering summer art programs for young artists ages 6 - 17 at the Grand Rapids Campus and the Lowell Campus of the Franciscan Life Process Center. Please contact KCAD at 616 451-2787 ext 3012 for further information or to register.



Franciscan Life Process Center - Lowell Campus

Painting to Music Day Camp, Ages 6-10
Session II: July 14-18
Monday through Friday, 9:30-11:30 a.m.

Create paintings and drawings representing the feelings and thoughts you have when listening to music. Learn about colors, lines, shapes, and painting, while listening to a variety of sounds, both live performances and recordings. Complete several new paintings or colorful drawings each day. Session will be led by a KCAD Instructor and musicians from FLPC. Tuition: \$95, supplies included. Parents or guardians are welcome to attend and participate for an additional fee of \$25

Digital Photography Day Camp, Ages 11-17
Session II: July 14-18
Monday through Friday, 12:30-2:30 p.m.

Explore the basics of digital photography. Learn about custom and automatic settings, composition, and subject matter. Some of your photos will be printed and you will discuss them in class. Cameras will be provided. Session will be led by a KCAD instructor. Tuition: \$95, supplies included. Parents or guardians are welcome to attend and participate for an additional fee of \$25

Clay Creations Day Camp, Ages 6-10
Session III: July 28-31, August 1
Monday through Friday, 9:30-11:30 a.m.

Use Sculpey® clay to create small animals, birds, and other decorative

objects. Session will be led by a KCAD instructor. Tuition: \$95, supply fee: \$15. Parents or guardians are welcome to attend and participate for an additional fee of \$25

Drawing from Nature Day Camp, Ages 11-17
Session III: July 28-31, August 1
Monday through Friday, 12:30-2:30 p.m.

Draw objects and scenes from nature at the Lowell campus. Learn how to use graphite to achieve realistic and descriptive line, shape, and value, in the creation of several finished drawings. Session will be led by a KCAD instructor. Tuition: \$95, supplies included. Parents or guardians are welcome to attend and participate for an additional fee of \$25.

Franciscan Life Process Center - Grand Rapids Campus

Architectural Drawing, Ages 11-17

Session II: July 21-25

Monday through Friday, 9:30-11:30 a.m.

Parents or guardians welcome to attend and participate, additional fee: \$25

Draw views of St. Adalbert's and rooftops of the city in perspective using graphite and other drawing materials. Learn linear and atmospheric perspective techniques in the creation of several finished drawings. Session will be led by a KCAD instructor. Tuition: \$95, supplies included. Parents or guardians are welcome to attend and participate for an additional fee of \$25.

Painting to Music Day Camp, Ages 6-10

Session II: July 21-25

Monday through Friday, 12:30-2:30 p.m.

Create paintings and drawings representing the feelings and thoughts you have when listening to music. Learn about colors, lines, shapes, and painting, while listening to a variety of sounds, including both live performances and recordings. Complete several new paintings or colorful drawings each day. Session will be led by a KCAD Instructor and musicians from FLPC. Tuition: \$95, supplies included. Parents or guardians are welcome to attend and participate for an additional fee of \$25.

Workshops for Artists

Lowell Campus

Deconstructing the Landscape - John Pototschnik
June 20- 22, 9:00 am - 3:00 pm

The goal of this workshop is to provide artists with concrete information and guidance that will help take them to the next level of artistic growth. To achieve that goal, Pototschnik will provide solid, take-it-to-the-bank instruction regarding those basic principles that must be mastered in order to create true works of art. Cost: \$495.00

Painting from Life and Interpreting What You See Accurately - Ken Cadwallader
June 27-29, 9:00 am - 3:00 pm

Discover how training in still-life painting brings all the crucial aspects of painting into play. This workshop focuses on the core principles of painting from life and interpreting what the artist sees accurately. Instruction is customized for the individual's specific needs. Cost: \$375.00

The Heart of Painting - Joshua Clare
July 10-12, 9:00 am - 3:00 pm

This workshop focuses on outdoor sketches, which are fundamental to good landscape paintings. The instructor will open each day with a lecture and a demonstration after which students will paint and receive individual critiques of their work. The class will focus on learning to see like an artist, emphasizing the fundamental principles necessary to quickly and accurately capture the beauty of nature when painting outdoors. Cost: \$395.00

Atmospheric Perspective in the Landscape Using a Limited Palette - Sandi Lummen
July 18-20, 9:00 am - 3:00 pm

This workshop will emphasize color mixing in landscape painting using personal landscape photographs and a limited palette (six colors). Learn how to use chromatic shadows and light to create space in the composition. This painting experience will emphasize composition and color. Cost: \$325.00

Portrait Painting Start to Finish - TJ Cunningham
August 7-9, 9:00 am - 3:00 pm

Painting an accurate, yet expressive head and shoulders portrait is the focus of this workshop. Cunningham will start by demonstrating the process and importance of starting a portrait from life. Color temperature, edges, pose and lighting will be thoroughly discussed. Cost: \$325.00

Fresh Air - Alla Prima in the Landscape - Margo Burian
August 15-17, 9:00 am - 3:00 pm

The emphasis in this workshop will be to work quickly and build confidence in the Alla Prima or "first strike" manner of painting. Artists will pay particular attention to finding the "essence" of the subject and striking just the right balance of visual information, without becoming overly mired in detail. Emphasis will be placed on "how did we see" rather than "what did we see". Cost: \$325.00

Portrait Fundamentals, Techniques and Procedures - Larry Blovits
August 23-28, 9:00 am - 3:00 pm

The five day oil portrait workshop contains technical information on painting surfaces, color, color mixing, color palette selection; painting application and build-up procedures; measuring proportion; as well as stressing the importance of the thorough knowledge and facility with the basic fundamentals of drawing and design. Cost: \$425.00

Beyond the Alla Prima Portrait from Life - Casey Childs
August 29-31, 9:00 am - 3:00 pm

Watching a two or three hour demo only gives the student a glimpse of the artist's process. The workshop will focus on Casey's process to refine the painting past the alla prima, or single sitting, to develop the painting further, in terms of color, value, and application of paint while maintaining a solid drawing. Cost: \$375.00

To see the full schedule of workshops and information about overnight accommodations, please visit www.lifeprocesscenter.org or like us on facebook www.facebook.com/flpcartschool.

Center hopes (continued)

Retreat Center for all

Sister Colleen Ann continues, "As our world becomes busier and busier and the noise of technology is always 'on', it is my dream that the FLPC could become a retreat, a place of solitude, for not only artists but, as Kathy mentioned, for writers, musicians, families, couples, young professionals.....people who wish for a time away to reconnect with themselves, each other, and God."

Currently, the Center offers time away in many forms for many people. Ministers, pastors, and others stay at the Center for a week or weekend to walk the trails, read Scripture and pray. Guests can make arrangements to meet with a spiritual director as well as participate in the community prayer of the Franciscan Sisters. Sister M. Timothy Prokes and Sister Sarah Doser offer more formal half day and day retreats on specific topics. On those days, retreatants have an opportunity for quiet reflection and silence in addition to listening to presentations. Finally, churches, schools and businesses frequently bring groups to both the Lowell Campus and the Grand Rapids Campus for team building activities, long range planning, and days of reflection and prayer.

"As we move forward into the next five to ten years, our hope is that people from across the country will use the Center and our land as a place to retreat in order to go out into the world in a new way."

For more information about Center programming, visit www.lifeprocesscenter.org, call 897-7842 or like us on facebook www.facebook.com/FranciscanCenter.

Music Therapist Is Hired

Sister Mary Margaret Delaski and the music department staff welcome April Fausch Cullum, MA, MT-BC to the Center. April has been a music therapist since 2005 when she earned her Masters degree from the University of Iowa. She will provide music therapy sessions and teach saxophone lessons.

April is originally from Iowa, but she has also lived and worked in Illinois, Wyoming, and Connecticut. She currently lives in Holland with her husband Jerry and their three year old son Elliot, who has a wonderfully contagious laugh. Jerry, who has a PhD in Experimental Psychology, is originally from Muskegon, so the Cullums are happy to be in West Michigan and close to family. April enjoys making music in her free time, especially playing the saxophone.



Winter Programs

The staff of the Center welcomed old friends and made new ones during our winter events.

- Guests at **Noto's Winefest** experienced delicious food prepared by the students from the Secchia Institute for Culinary Education at GRCC and sampled excellent wines provided by Noto's. Tim and Jeannie Howell of Grand Rapids were the raffle winners.
- Attendees of **Afternoon with the Arts: A Victorian Tea** were delighted by the music of the Franciscan harpists and guest artists, John Varineau, Elizabeth Colpean and Alison Reese. Victorian tea expert Jeanne Hawkins provided instruction on Victorian teas and proper tea etiquette.
- Families, community members, business people, and friends of the Center joined the staff for the **Lenten Lunch Prayer Experiences**. Special thanks to the Franciscan bakers and to the local restaurants who provided soup: Schnitz Deli, Cafe Stella, Applause Catering, O'Brien's Market and Deli, Vitale's Ada.



Noto's Winefest photos by Bruce Boutet Photography



Laurel Rudnick poses in victorian dress

Mark Your Calendar for a Year of Enriching Events

Community Work Days: Second Saturday monthly, March through November, 9:30 am - Noon

Lowell Campus

Join us for work on the farm while you enjoy the peace and beauty found on the land. Activities take place in the morning followed by a communal lunch. Work days are open to individuals, families, and church and business groups.

If there is a question about weather, call 897-5220 the day of the event.

Summer Weaving Classes: June 23-25, 9 am - 4 pm; July 28-31, 9 am - 4 pm

Lowell Campus

Jochen Ditterich offers individualized weaving instruction for weavers of all skill levels.

Fee includes use of loom, materials, and a tape measure. Students are asked to bring scissors, pen, paper, and their lunches. A camera is helpful but not required. Cost: \$120

HARPFest 2014 with Sunita Staneslow: July 25 & 26

Lowell Campus

Renowned clinician Sunita Staneslow is an incredibly gifted musician from Israel who works as a therapeutic harpist. She was the delegate from Israel at the 2011 World Harp Congress and has been a featured presenter at many American harp festivals. Sunita will address a variety of topics including the art of the arpeggio, the psalms of David and the magic of dynamics. Please join us for this two day event for harpists of all skill levels.

Ms. Staneslow will give a public concert at 7:30 pm, July 25. Tickets are \$15 in advance and \$20 at the door.

Bowl-a-rama: August 7, 5:30 - 9:30 pm

Northfield Lanes 222 Plainfield Ave., NE Grand Rapids, MI

Support the Franciscan Life Process Center and have an evening of fun and laughter with family, friends, or office staff. Purchase a lane and a team of six people will enjoy bowling, delicious food, prizes, a team picture and a team t-shirt. All proceeds benefit the Franciscan Life Process Center.

LIFefest 2014: September 11, 6:30 - 9:00 pm

Lowell Campus

This event is the major fundraiser for the Center. Contact Gerrie Murray, event coordinator, for details.

In Memory of Mother Rita Brunner, FSE

Mother Rita Brunner, FSE, died at the Franciscan Sisters' Canticle House on April 24 at the age of 99. She was one of the 55 founding members of the Franciscan Sisters of the Eucharist and moved to Lowell to found the Franciscan Life Process Center in 1972.

Through her gift of "homesteading", Mother Rita, in partnership with the other sisters, established the Lowell Campus by revitalizing the gardens and animal areas, reclaiming the fields, and establishing the orchard and Christmas tree lot. Over the last 42 years, under her guidance, the Franciscan Sisters of the Eucharist have honored the original families who established the farm and have made it truly Franciscan.

Mother Rita was the consistent Franciscan Sister in the preschool program. Under her direction, the program grew from six children in attendance in 1975 to 80 children in 1991. She continued to visit the children for many years especially during music time.

Designated by her Franciscan community as "Mother of Franciscan Prayer," Mother Rita led many young sisters into deeper dimensions of prayer. Mother Rita shared her keen sense of humor with all who knew her right up to "the most important event of her life."



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Troubadour

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We're still updating our records!

If you would prefer not to receive information from us or your contact information has changed, please let us know by calling Barb at 616-897-7842, emailing bporter@lifeprocesscenter.org or faxing 616-897-7054. Thank you!

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www.lifeprocesscenter.org

Did You Know?

- Kalei VandenToorn, piano student at FLPC, was the first place winner for Michigan in the 2014 National Music Week Essay Contest held under the auspices of the National Federation of Music Clubs. The title of her essay was "Music - The Dance of Life." Congratulations, Kalei!
- Nineteen young women from Marymount University spent a week at the Center in March. Accompanied by Sister Clare Hunter, FSE and Father Brian G. Bashishta, the group spent the week volunteering at area agencies, interacting with the Sisters, and participating in prayer experiences.
- Center music students held a recital at Emerald Meadows Assisted Living Facility on April 26.
- Congratulations to the Leah Kozlowicz, Claire Hall, Barbara Schossau, Sandra Secard, Lexy Larson, Diane Mosher, Karin Carlson, Katherine Gietzen, Laurel Rudnick and Judi Reagan. Their names were pulled in a drawing held during Afternoon with the Arts: Victorian Tea. Prizes included teas, scones, and gift cards to the Mardi Gras Pancake Supper.
- A special thank you to all who sent in unused gift cards. We put them to good use during our winter events. If you've found more hidden in a drawer, please send them to us for use at Bowl-a-Rama! Thank so very much for your generosity!

Special thanks and farewell to Diane Bauman, one of our music therapists. Diane started as an intern in 2006 and leaves us to be an at-home mom to Leah, age 3 and Caleb, born April 24. We send Diane and Trace, her husband, our prayers and best wishes.

In Memoriam

Last August, the Center staff held a memorial service and tree planting for special friends and supporters of the Center who had died in the previous year. Please let us know if you have a loved one you would like to be honored at this year's memorial, October 9, 2014 at 4:00 pm at the Lowell Campus.

Look for the Fall edition of the Troubadour for information about upcoming retreats in November and December!