

Troubadour

Franciscan Life Process Center

SUMMER 2012

ART • COUNSELING • MUSIC EDUCATION • MUSIC THERAPY • PRESCHOOL • RETREATS • VOLUNTEER



OUR MISSION:

To promote a relationship with God that brings dignity and hope to the sacred process of all life through programs that assist, educate, enrich and inform.

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“People, like stained-glass windows, sparkle and shine when the sun is out. But when the darkness sets in, their true beauty is revealed only if there is light from within”

Elisabeth Kubler-Ross

Celebrate the Bountiful Goodness of God

What a blessing for everyone at the Franciscan Life Process Center that we can share our many bounties with our friends and family through our Franciscan Festival in the Fields! Join us on Saturday, June 16, 2012 from 4-8 pm.

We will enjoy lively music, delicious food, artist demonstrations, and activities for folks of all ages. The aroma of fresh-baked pies, breads, and more will tantalize from within the Country Store, so plan to take home your favorite Franciscan-made treats!

The Franciscan Festival in the Fields proceeds ensure that scholarships are available throughout the year for program participants with financial need. The Center provides support through a sliding fee scale, allowing participants to pay what they can afford.

Load up the family and bring everyone for just \$20 per car. Meals are priced at \$5 for adults and only \$3 for children, 12 and under. It's the perfect opportunity to share the beauty and bounty of our home with all. Join us!



HARPFest Registration Is Now Open

For the fourth year in a row, we are pleased to present a special musical education program for harp enthusiasts. HARPFest is a two-day workshop (August 17-18) designed for students of all ages and skill levels who share a passion for the harp.

The program is specifically geared to those who wish to develop their present skills in the retreat-like atmosphere of our beautiful grounds. Participants will learn new music and techniques, as well as play formally and informally with others. Several workshops will challenge and enlighten:

- **Gregorian Chant for the Harp**
- **Anything Goes – Arranging and Composing for the Harp**
- **Getting a Handel on the Harp**
- **Checking your Baggage**



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Guest Instructor, Rhett Barnwell

gratitude

Dear Friends,

The summer months are upon us! Life on the farm is teeming with new life. We just witnessed the arrival of four new calves and 20 new baby chicks. This expands our animal population to include miniature horses, goats, sheep, larger cows, rabbits, dogs, cats, and all the wild and flying creatures that make our Lowell campus truly a magical place.

With the turn of the seasons and all of this new life, we look forward to our annual Franciscan Festival in the Fields on Saturday, June 16, held between 4 and 8 pm. Please read about the Festival in this newsletter and join us at our Lowell campus to raise much needed resources to replenish our Scholarship Fund. This year we provided over \$70,000 in scholarship support and we depend on you to help us make that possible for the coming year.

Looking ahead, we have our yearly Bowl-a-Rama coming on August 9. We are still seeking lane sponsors for this entertaining event. Our hope is that sponsors will bring family, friends, work groups, etc. to bowl for an evening of great fun. Lane sponsorships are available for \$250. Bring your group and join us for a delightful summer evening.

We are also looking forward to HarpFest again in August. This event is perfect for those passionate harp players and students, as well as anyone who enjoys beautiful music. See details in this newsletter.

Please come to join us for these events...or to volunteer to work on our land...or to simply enjoy the trails for an afternoon walk.

We so appreciate your friendship.

With gratitude,

Sister Colleen Ann Nagle, F.S.E.

Sr. Colleen Ann Nagle, F.S.E.

Director

Volunteers Help Us Thrive

Because of the tireless commitment of many volunteers, our grounds and programs thrive. Just when we begin to worry that our task list is insurmountable, the phone rings and another offer of support is received.

In 2011 alone there were more than 2,772 hours offered by our amazing volunteers to assist with Center activities. A big thank you to several who shared so much of their time to meet our needs:

Bobbi Linkfield and Carolyn Jastifer – Preschool Program

Pat McClellan – leader of the Franciscan Friends

Our many Lenten Lunch bread makers, including Tricia, Gina, Tracy, Kim, Laura, and Allison

Join us this year and help us live out more fully our mission. We make it easy to connect through our Franciscan Friends volunteer program.

The Franciscan Friends meet once a week to work on specialized projects and discuss future endeavors. An integral part of our family, these volunteers donate their time and skills in a wide variety of areas such as supporting our preschool instructors, helping maintain the Center's gardens, giving trail and farm tours, welcoming guests to the Center, assisting in the greenhouse, and helping bake bread and other items. These volunteers are invaluable at harvest time when we need extra hands both in bringing in the crops and canning the produce.

Contact Sister Colleen Ann (at 616-897-7842) for more information about helping the Center to thrive through our Franciscan Friends or other volunteer opportunities.



Welcome New Staff Members

In our effort to offer compelling and current programs, we rely on many knowledgeable staff. Recently joining the Franciscan Life Process Center team are two new staff, Laura Brandt, MA, LLP, and Erinn Epp, MA, MT-BC.



Laura serves as a master's level psychologist in our Counseling Program. She is a transplant to west Michigan from the east side of the state after graduating from Hope College. There she earned a bachelor's degree in psychology and business administration, followed by a master's degree in counseling psychology from Western Michigan University. Her professional background includes counseling, psychological testing, and disability evaluations. Laura

and her husband Chris have two young sons. The entire family enjoys spending time outdoors together.



Erinn, our new music therapist, completed her bachelor's degree in music therapy at Wilfrid Laurier University (Waterloo, Ontario) and her master's of arts degree in music therapy at New York University. A music therapist for more than ten years, Erinn also completed the certification training at the Nordoff-Robbins Center at NYU, and is a registered MusicTogether® teacher. She has worked with people of varying clinical needs, including

trauma, parent-infant attachment, developmental disabilities, and dementia. She has presented her work at national and international conferences and taught at the undergraduate level. Erinn's professional and research interests include improvisational models of music therapy, musicological theories of musical expression, and community music therapy.

HARPFest (continued)

Participants also can schedule a private lesson with our notable guest instructor, Rhett Barnwell.

Mr. Barnwell has distinguished himself as a composer and arranger of music specifically for the Celtic harp. His work encompasses hymn arrangements and original transcriptions of the music of Bach, Handel, and others. Mr. Barnwell holds a bachelor's degree in music from Florida State University and a master's degree in music from the St. Louis Conservatory. Feeling a calling to church music, he went on to doctoral studies in choral conducting and organ at the University of Georgia. Mr. Barnwell recently completed a concert tour of Italy with soprano Claire Teuber. He has released four recordings to date; and is the founder of Seraphim Music, a source for sacred, healing, and meditative music. Mr. Barnwell is in demand as a guest artist and lecturer for harp conferences and festivals around the country.

A public concert featuring Mr. Barnwell will be held on Friday, August 17 at 7:30 pm. Admission is free for HARPFest registrants. For non-registrants, tickets are \$15 in advance or \$20 at the door.

Registration for the two-day seminar, including all meals, is \$190; a single day registration is \$140. There are a limited number of on-site rooms available for registrants, contact the Center for more information.

Registration information is available at www.lifeprocesscenter.org.

Mark Your Calendar for a Year of Enriching Events

Franciscan Festival in the Fields: June 16, 4-8:00 pm

This family event includes live music, children's activities, tours of the farm, artisans, food, a country store, horse-drawn wagon rides, and memory making. Entrance/Parking fee \$20 per car. All proceeds benefit our scholarship fund, allowing anyone in need to participate in programs at the Center at reduced tuition. Hosted at the Franciscan Life Process Center, Lowell Campus.

Bowl-a-Rama: August 9, 6-9:00 pm

Come bowl as a family, group of friends, or office. This is a great night of fun and prizes for both adults and kids. All proceeds go directly to the Franciscan Life Process Center to help support our services. Even if you are not a bowler, join us and enjoy the enthusiasm of the evening! Hosted at Northfield Lanes, 2222 Plainfield Ave NE, Grand Rapids, MI. Contact Sister Colleen Ann Nagle, FSE for sponsorship information.

HARPFest 2012: The Spiritual Nature of the Harp: August 17-18, 8:30 am - 5 pm

Join us for an inspirational harp workshop featuring guest instructor, Rhett Barnwell, classical and Celtic harpist, organist, composer, conductor, and teacher. Event features workshops and a performance. Visit our website at www.lifeprocesscenter.org for more information. Hosted at the Franciscan Life Process Center, Lowell Campus.

LIFEfest 2012: October 18, 6:30-9 pm

Support the development of future programs and services that promote a relationship with God that brings dignity and hope to the sacred process of all life through our annual fund-raising dinner. More details to come. Contact Gerrie Murray at 897-7842 ext. 307 to offer support for this event.

The Troubadour is published three times a year. To be added to or deleted from the Troubadour mailing list, or to change/correct an address, please call 616 897-7842, or email registrar@lifeprocesscenter.org. Be sure to include the old address and the changes or corrections.



www.lifeprocesscenter.org

Summer Wish List

Once again, we find ourselves in need of several tools to assist in our daily activities. Please consider supporting our mission with contributions from the following list:

- *Financial contributions toward the purchase of air conditioning units for our Grand Rapids campus*
- *Homemade items to sell in our general store at our Festival*
- *Gently used iPads for use in our music therapy program*

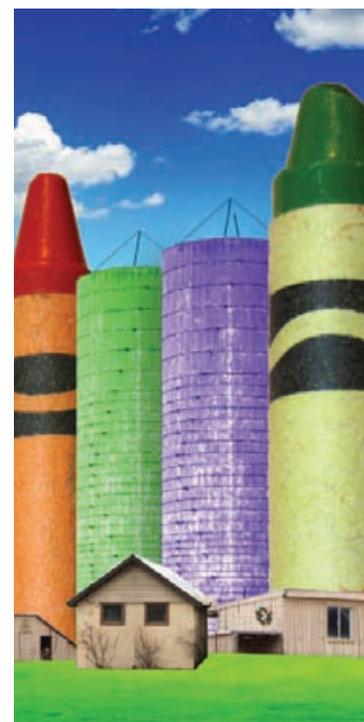
Enroll Now in Preschool the Franciscan Way

Most preschoolers like to roll up their sleeves and dig in the dirt. We do too.

In fact, we've been digging in the dirt with preschoolers since 1975 and we've loved every moment. Along the way we've also educated hundreds of little ones with play, creativity, and music, helping them to be well prepared for Kindergarten.

In addition to our traditional Preschool for the 2012-13 school year, we also offer a summer program. Our Down on the Farm Summer Preschool runs throughout the first three weeks of June. Perhaps it will be just right for your 3, 4, and 5 year old?

Registration for both programs is limited, so call Fredna or Sister Colleen Ann at 616-897-7842 soon!



Our Thanks!

We were blessed to receive a new moveable stage, specifically constructed for our purposes, by Eagle Scout Candidate Keegan Bussell. We've often wished to be able to move the performance area for specific musicians and now we have that capacity.



The stage was inaugurated on Thursday, June 7, during a Harp recital by Olivia Coates. Ms. Coates is a recent graduate from Yale University with a bachelor's degree in Harp. The performance was Ms. Coates' senior recital.

Bravo all around!

Join Us for Bowl-A-Rama

Come bowl with us on Thursday, August 9, as a family, group of friends, or office. This is a great night of fun and prizes for both adults and kids. We've still got a few lane sponsorship opportunities available that include bowling, shoes, pizza, and Culver's ice cream for six people.

All proceeds go directly to the Franciscan Life Process Center to help support our services. Even if you are not a bowler, join us and enjoy the enthusiasm of the evening! Hosted at Northfield Lanes, 2222 Plainfield Ave NE, Grand Rapids, MI. Contact Gerrie or Cathy at 616-897-7842 for sponsorship information. The event is scheduled from 6 to 9 pm.