

# Career Opportunities

We expect a lot from our team – and we give you the support and the space to achieve.

Whether you have just completed your degree and are looking for that first job or are an experienced professional with decades of knowledge, we have a place for you!

To apply please scan code or visit [flpccareers.org](http://flpccareers.org)



# Touched by Mercy

Those affected by suicide are invited to Touched by Mercy on March 1 from 10:00 am – 3:00 pm

Join us for this day of reflection led by Sister Colleen Ann Nagle FSE, MA. Lunch is included

Franciscan Life Process Center  
11650 Downes St. NE  
Lowell, Mi 49333  
Cost: \$65

Register: [weblink.donorperfect.com/TBM2025](http://weblink.donorperfect.com/TBM2025)



# Thank You to Our Sponsors!



Interested in sponsoring one of our events? For more information, contact Sarah Kelly at [Skelly@lifeprocesscenter.org](mailto:Skelly@lifeprocesscenter.org)

# Troubadour


Franciscan Life Center Network, Inc. dba  
**Franciscan Life Process Center**  
11650 Downes Street NE  
Lowell, MI 49331-9489

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**Thank you!**

 @FranciscanCenter

 @franciscanlifeprocesscenter

[www.lifeprocesscenter.org](http://www.lifeprocesscenter.org)



**Lowell Campus – 11650 Downes Street**



**Grand Rapids Campus – 654 Davis Street NW**



# Unlock Your Potential



Franciscan Life Process Center

## TROUBADOUR

WINTER 2025

Dear Friends,

A most Blessed New Year to Each and All of You!

I hope that this letter finds you still basking in the love and warmth of friends and family following the Christmas and New Year Holy Days and Holidays.

As we move into the new year, I want to sincerely thank all of you who contributed to our Annual Appeal request for 2024. Your support is an essential part of our ministry and enables us to provide the variety and quality of services that we continue to offer throughout West Michigan.

Beginning a new calendar year is always an exciting time. Even though we often continue doing much of what we do all the time, there is a freshness about it as we look forward to new ideas, new approaches, and new relationships. In the spirit of hope, we look forward to 2025.

In faith together,

*Sister Colleen Ann Nagle, FSE*

Sister Colleen Ann Nagle, F.S.E.,  
Executive Director

## Center Counselors Continue to Help

For the past 42 years, the Franciscan Life Process Center (FLPC) has supported individuals, couples, and families through its Counseling program. Counselors met with clients in downtown Ada until the Center in Lowell was built in 1991. Today the counseling staff meets with clients at both the Lowell and Grand Rapids campuses.

Laura Brandt, Counseling Director, takes all calls inquiring about counseling at the Center. "When people are interested in learning more about counseling with us, it is helpful to spend a few minutes gathering information and answering questions they may have." She continues, "My goal is to learn more about each unique individual to discern if there is a good fit with one of our seven counselors."

The degrees, interests and skills of the counselors provide a variety of services to clients. An individual may seek counseling for assistance with anxiety, grief, or depression. A marriage and family counselor can work with both couples and/or larger family groups to improve communication skills. When working with a child, counselors also work with the parent.

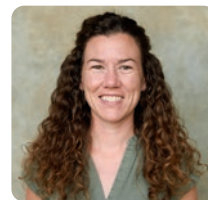
If you are interested in learning more about our counseling services, please contact Laura at [lbrandt@lifeprocesscenter.org](mailto:lbrandt@lifeprocesscenter.org) or call 616-897-7842. The Center participates with most major insurance companies and bills them directly for services provided.



Laura Brandt,  
MA, LLP



Johanna Denton,  
MS, LLMFT



Kristin Lothschutz,  
MA, LPC



Sister Mary Paul  
Moller FSE,  
MS, LMFT, LPC, RPT-S



Sister Colleen Ann  
Nagle FSE,  
MA, LPC



Sister Gabriella  
Pettirossi FSE,  
MA, LMFT



Jennifer Quiroz,  
MS, LLPC

## Center Welcomes New Staff Members

**Stephanie DeByle**, BS has joined our team with over 26 years of professional experience. She is the new administrative assistant and will be working at both the Lowell Campus and Grand Rapids Campus.



**Jennifer Quiroz**, MS, LLPC completed her internship at the Center and joined the counseling staff last fall. She sees clients at the Lowell and Grand Rapids Campuses.



**Abbey Shell** is a music therapy intern and will graduate from Western Michigan University in spring with a music therapy degree.

## Trail Run Raises funds for Music Therapy and Land Projects

Thank you to the runners, walkers, and sponsors of our 10th Annual Franciscan Rythm Trail Run/Walk. The picture-perfect fall Saturday brought runners, walkers, and their families to Lowell Campus. A special thank you also goes out to the musicians who performed at various stations throughout the course.



## Center Offers First Communion Retreats

Beginning in March, Sister Colleen Ann Nagle FSE and Sister Gabriella Petterossi FSE will be working with second graders from St. Paul Parish, St Mary Parish, and All Saints Academy. The students will bake bread to prepare for their upcoming First Communion and experience how all the ingredients are present in each slice, even if they cannot see them or recognize them in their original form. This process helps them to understand how Jesus is present in the Holy Eucharist. If your parish is interested in a retreat for your First Communicants, please contact Stehpanie DeByle at [sdebyle@lifeprocesscenter.org](mailto:sdebyle@lifeprocesscenter.org).

## Artists Move to Grand Rapids Campus

**The Franciscan Artists** moved to the Grand Rapids Campus during our Revitalize construction project. The artists meet on Wednesdays from 9:00 am – 3:00 pm in an open studio format. New members are always welcome. Cost: \$8 per week. Please contact Kathy Bechtel at [kbechtel@lifeprocesscenter.org](mailto:kbechtel@lifeprocesscenter.org) for more information.



## Mentors for Music Therapists

In the music therapy community, the **Music Therapy Mentorship** program is really gearing up at the Great Lakes Regional level. Sandy Koteskey, MT-BC is passionate about seasoned professionals helping to coach those just entering the field. "There is no need to see another professional struggle when we can help them navigate situations and job experiences their coursework didn't teach." To get connected with a professional music therapy mentor email [mentoring@glr-amta.org](mailto:mentoring@glr-amta.org).





# VOLUNTEER OPPORTUNITIES AT THE LOWELL CAMPUS



*"Volunteering is a grace from God,"* -Pope Francis, December 2022

## Workdays with the Franciscan Sisters

Every second Saturday of the month from spring through fall work side by side with the Sisters as they work on the land. Lunch is provided for those who wish to stay.

When: 9:30 am- Noon April 12, May 10, June 14, August 9, September 13, October 11, November 8

Please go to [www.lifeprocesscenter.org](http://www.lifeprocesscenter.org) and click on Get Involved to register.

## Center Land Workdays

You are invited to visit the Lowell Campus to work on the grounds and help beautify the Center. Tasks include trimming, raking, weeding, and harvesting.

When: 9:00 am-Noon April 30, June 18, August 11, September 15, October 1

Please go to [www.lifeprocesscenter.org](http://www.lifeprocesscenter.org) and click on Get Involved to register.

## Corner of Creation

Introducing a wonderful opportunity to work on the land of the Lowell Campus. Meet with our land managers to establish which section of land you would like to regularly tend throughout the year. You can weed, rake or plant, and, on occasion, just enjoy! Please contact Sarah Kelly [skelly@lifeprocesscenter.org](mailto:skelly@lifeprocesscenter.org) to schedule a tour of what "corners" are available.

## Volunteers for Environmental Education

Do you have a passion for the outdoors and working with children? We are looking for volunteers for our 2025 Environmental Education Program. If you are interested, please contact Sarah Kelly at [skelly@lifeprocesscenter.org](mailto:skelly@lifeprocesscenter.org). Background Check and Virtus Training are a prerequisite for approval.

## Center Volunteers

**Martin Kolenko** volunteers at the Center as a gardener. He helps with big projects like building the rain garden and with seasonal work like winterizing the flower beds. He has also found his own **Corner of Creation** in the Rosary Garden.



## How long have you been a volunteer at the Center?

I started volunteering at the Franciscan Life Process Center shortly after retiring in 2019. I had worked in an office environment for over 38 years and wanted whatever I volunteered to be more physical and preferably outdoors. A friend of mine worked at the Center at the time and suggested I give it a try.

## What do you like about working in the Rosary Garden?

Although I help wherever I am needed, I chose to adopt the Rosary Walk as my special place. Aside from the recording of the rosary that plays daily at 10 and 2, the peaceful quiet of this area is good for my soul; I can recite the rosary, reflect on the many gifts God has given me all while weeding and planting to beautify this garden in honor of our Blessed Virgin Mary.

The Rosary Walk is a wonderful place. You should visit when you are at the Center. Or find your special "corner" at the Lowell Campus; there's 230 acres to choose from!

## CALENDAR HIGHLIGHTS

Please go to [www.lifeprocesscenter.org](http://www.lifeprocesscenter.org) to learn more about the many opportunities at the FLPC



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The artwork of **M. Joy Lemon** will hang at the Guardian Gallery, Grand Rapids campus February 1 through May 30. Joy teaches two-day workshops a few times a year at the Franciscan Life Process Center. You can find her workshops at [www.lifeprocesscenter.org](http://www.lifeprocesscenter.org) under the Art tab.

The Guardian Gallery, Grand Rapids is open Tuesdays and Thursdays, 9:00 am - 4:00pm



# News from the Franciscan Sisters

## Get to Know the Franciscans

### Sister Mary Matthew Morrisroe

**FSE, MST** is employed by Arrowhead Regional Development Commission in Duluth MN. Sister talks about her childhood in Alberta, Canada, and her work as a CPA.



### You grew up in Alberta, Canada. Please tell us about your life there.

There are eight kids in my family, and we grew up with a huge backyard because Banff National Park, located in the Canadian Rockies, was nearby. We spent a great deal of time outside, and I learned to ski when I was five years old. I attended Catholic school through twelfth grade. Interestingly, some provinces in Canada fund private schools. In Alberta, the largest religious group is Catholic, so the Catholic schools receive public funding.

### Where did you encounter the Franciscan Sisters of the Eucharist? What drew you to them?

I was looking at several religious communities at the time and, in many of them, my options were being a teacher or a nurse. I was intrigued by the FSEs because they were interested in helping me find and use my gifts in both the Community and in the business world.

### Tell us about your work as a CPA.

Well, first let me say that since I was a kid, I have loved numbers. I loved memorizing numbers and was drawn to the stock market page of the newspaper .... because it was all numbers! There is something definitive about numbers and working with them leads to logical results.

My undergraduate and graduate degrees are from Gonzaga University and over the years, I've worked as an accountant in a variety of businesses. For the last 14 years, I've worked as a governmental accountant. I work with federal and state governments to fund transportation services and services for senior citizens in seven counties in northeast Minnesota.

### Rumor has it that you are a big football fan. What team do you follow?

I started watching football with my dad when I was in third grade. He had season tickets to the professional football league in Calgary, and I would go to the games with my dad and my brothers. As an adult, I've mostly followed the Minnesota Vikings, but I also enjoy watching the Seattle Sea Hawks. Now that I'm in Michigan, I'm intrigued by the Lions. However, I must say that I also follow the Bulldogs. No one can graduate from Gonzaga and not be a basketball fan!

## Sister Accepts Fellowship Position at UND

**Sister Damien Marie Savino FSE, PhD** accepted a two-year faculty fellowship with the School of Engineering at University of Notre Dame. Sister will conduct research in the field of integral ecology and run a seminar series around the topic.



## Where Are They Now?

**Sister Barbara Cline FSE, MA, PhD** is currently missioned to Burlington, VT where she lives at the Catholic Center at the University of Vermont. Sister Barbara serves as the director of the religious education program for children and adults in three parishes in Burlington. She also is an instructor in the Diocese of Burlington's lay formation program designed for parishioners who want to work in parish ministry within the diocese. Sister Barbara returns to Lowell every nine weeks to meet with her spiritual integration clients.



**Sister Mary Margaret Delaski FSE, MA, MT-BC**, is missioned to Vancouver, Canada, where she works for the Archdiocese of Vancouver as the coordinator of VANSPEC, Vancouver Special Catechesis. This program provides religious education for children with special needs who need one on one catechesis. VANSPEC is offered at six parishes throughout the archdiocese during the week and at a central location in the archdiocese on Saturday mornings.



## Centers Around the World

### UNITED STATES AND CANADA

- Meriden, CT
- Falls Church, VA
- Boynton Beach, FL
- Lewiston, ME
- Bridal Veil, OR
- Lowell, MI
- Burlington, VT
- Pocatello, ID
- Vancouver, British Columbia

### ITALY

- Assisi, Italy
- Rome, Italy

### HOLY LAND

- Jerusalem